

Practice Smarter

7 LESSONS · ALL LEVELS

Welcome to Practice Smarter. I built this course to give you exactly this: less time, better results — the systems, drills, and mindset shifts that make practice actually stick.

- ☐ **01 How to Get Better — Five Simple and Powerful Ways to Instantly Improve Your Piping Now**
Start with the technique-tone-music framework that organizes every practice session.
April 25, 2023 · 55m · Practice Tips

- ☐ **02 Atomic Habits**
Turn practice into an automatic daily habit instead of a fight against willpower.
August 4, 2022 · 1h 9m · Fingering & Technique

- ☐ **03 Creating Custom Practice Drills**
Build your own drills for the exact passages that trip you up, instead of generic exercises.
March 30, 2022 · 1h 1m · Fingering & Technique

- ☐ **04 It's Groundhog Day! Strategies to Keep Your Piping Varied, Interesting, and Motivating**
Keep practice varied and motivating so the routine doesn't go stale.
February 2, 2024 · 46m · Practice Tips

- ☐ **05 Piping Pitfalls: Top Mistakes and How to Avoid Them**
Learn the classic mistakes pipers make in practice, and stop repeating them.
September 30, 2025 · 1h 8m · Practice Tips

- ☐ **06 Strategy & Goal-Setting for the Off-Season**
Set season-length goals so daily practice adds up to real progress.
September 4, 2025 · 57m · Practice Tips

- ☐ **07 Starting the Year Off Right**
Lock in a written commitment plan so the new system actually sticks.
December 22, 2023 · 18m · Practice Tips