

# Practice Chanter Workout Series

7 LESSONS · INTERMEDIATE

Welcome to Practice Chanter Workout Series. I run you through a progression of structured chanter workouts that build speed and cleanliness session by session.

- ☐ **01 Practice Chanter Workout Session — April 4, 2023**  
I start with a workout open to every level so you learn the format before we add difficulty.  
April 4, 2023 · 46m · Practice Chanter Sessions

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- ☐ **02 The Ultimate Practice Chanter Workout to Play Clean and Fast**  
Now I bring in the workout built specifically to help you play clean and fast.  
August 26, 2022 · 45m · Practice Chanter Sessions

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- ☐ **03 Practice Chanter Workout (Playing Clean and Fast) — July 17, 2023**  
I keep that same focus going here with a fresh set of drills.  
July 17, 2023 · 25m · Practice Chanter Sessions

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- ☐ **04 Practice Chanter Workout Session — February 7, 2023**  
I add new material at this stage so your fingers keep adapting instead of memorizing one routine.  
February 7, 2023 · 53m · Practice Chanter Sessions

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- ☐ **05 Practice Chanter Workout Session — June 15, 2022**  
I raise the pace again here to keep pushing your ceiling.  
June 15, 2022 · 57m · Practice Chanter Sessions

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- ☐ **06 Practice Chanter Workout Session — December 7, 2022**  
I use this session to tighten up everything we've built so far before the final push.  
December 7, 2022 · 58m · Practice Chanter Sessions

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- ☐ **07 Practice Chanter Workout Session — August 10, 2022**  
I finish at the advanced level so you can measure exactly how far this series has taken you.  
August 10, 2022 · 1h · Practice Chanter Sessions